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# ADVANCES IN METASTATIC HORMONE-SENSITIVE PROSTATE CANCER

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## **DISCLAIMER**



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#### **OVERVIEW**



- Standard of care for treatment of metastatic hormone-sensitive prostate cancer (mHSPC) has changed
  - Chemohormonal therapy (ADT + docetaxel × 6 cycles)
  - ADT + abiraterone acetate
- Patient selection is critical to treatment decisions for mHSPC
- Treatment with systemic therapies in addition to ADT can both prolong life and improve quality of life

### CHEMOHORMONAL THERAPY



#### **CHAARTED and STAMPEDE:** ADT + docetaxel vs ADT alone

- ADT + docetaxel 75 mg/m2 Q21 days × 6 cycles
  - Prolongs OS in men with mHSPC
    - HR for death = 0.61 (95% CI 0.47 0.80)
- Updated CHAARTED data suggests most OS benefit to patients with high volume<sup>a</sup> metastatic disease
  - HR in high volume = 0.63 (95% CI 0.50-0.79)
  - HR in low volume = 1.04 (95% CI 0.70 1.55)
- STAMPEDE analysis suggests no benefit in the non-metastatic population

#### **ADT + ABIRATERONE ACETATE**



ADT + abiraterone acetate + prednisone/prednisolone vs ADT alone

#### LATITUDE

- Prolongs survival in men with mHSPC with high-risk features
  - At least 2: tumor stage T3 or T4; Gleason ≥ 8; PSA level ≥40 ng/mL
  - HR for death = 0.63 (95% CI 0.52-0.76)

#### STAMPEDE

- Prolongs survival in men with mHSPC, high-risk locally advanced, or high-risk relapsing prostate cancer
  - HR for death = 0.62 (95% CI 0.51-0.76)

# QUALITY OF LIFE (QoL)



- QoL data from CHAARTED suggests that the QoL varies by treatment and volume of disease in patients with mHSPC
  - High volume patients treated with chemohormonal (ADT + docetaxel)
     therapy have better QoL at 12 months when compared with men treated with ADT alone (Mean FACT-P: 118.0 vs 113.7)
  - Low volume patients treated with chemohormonal therapy have similar QoL at 12 months compared with men treated with ADT alone (Mean FACT-P: 121.0 vs 120.0)
- QoL data from LATITUDE suggests improvement in fatigue, functional decline, overall health-related QoL, pain progression with ADT + abiraterone vs ADT alone in patients with high-risk mHSPC

## **SUMMARY**



- ADT alone is no longer the standard of care for treatment of mHSPC
  - Chemohormonal therapy (ADT + docetaxel × 6 cycles)
  - ADT + abiraterone acetate
- Patients with high volume mHSPC appear to benefit from ADT + abiraterone or chemohormonal therapy
- Patients with low volume mHSPC may not experience benefit in QoL or survival when treated with chemohormonal therapy
- QoL should be considered in addition to improvements in survival when choosing treatment for mHSPC



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