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**THE HEART OF MEDICAL EDUCATION**

# **NURSING SUPPORT FOR METASTATIC CASTRATE RESISTANT PROSTATE CANCER (mCRPC) PATIENTS DURING RADIOPHARMACEUTICAL TREATMENTS**

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# DEVELOPED BY GU NURSES CONNECT

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Expert Disclaimers:

- **Janet Forgenie** has received financial support/sponsorship for research support, consultation, or speaker fees from the following companies: Astellas and Bayer

# CLINICAL TAKEAWAYS

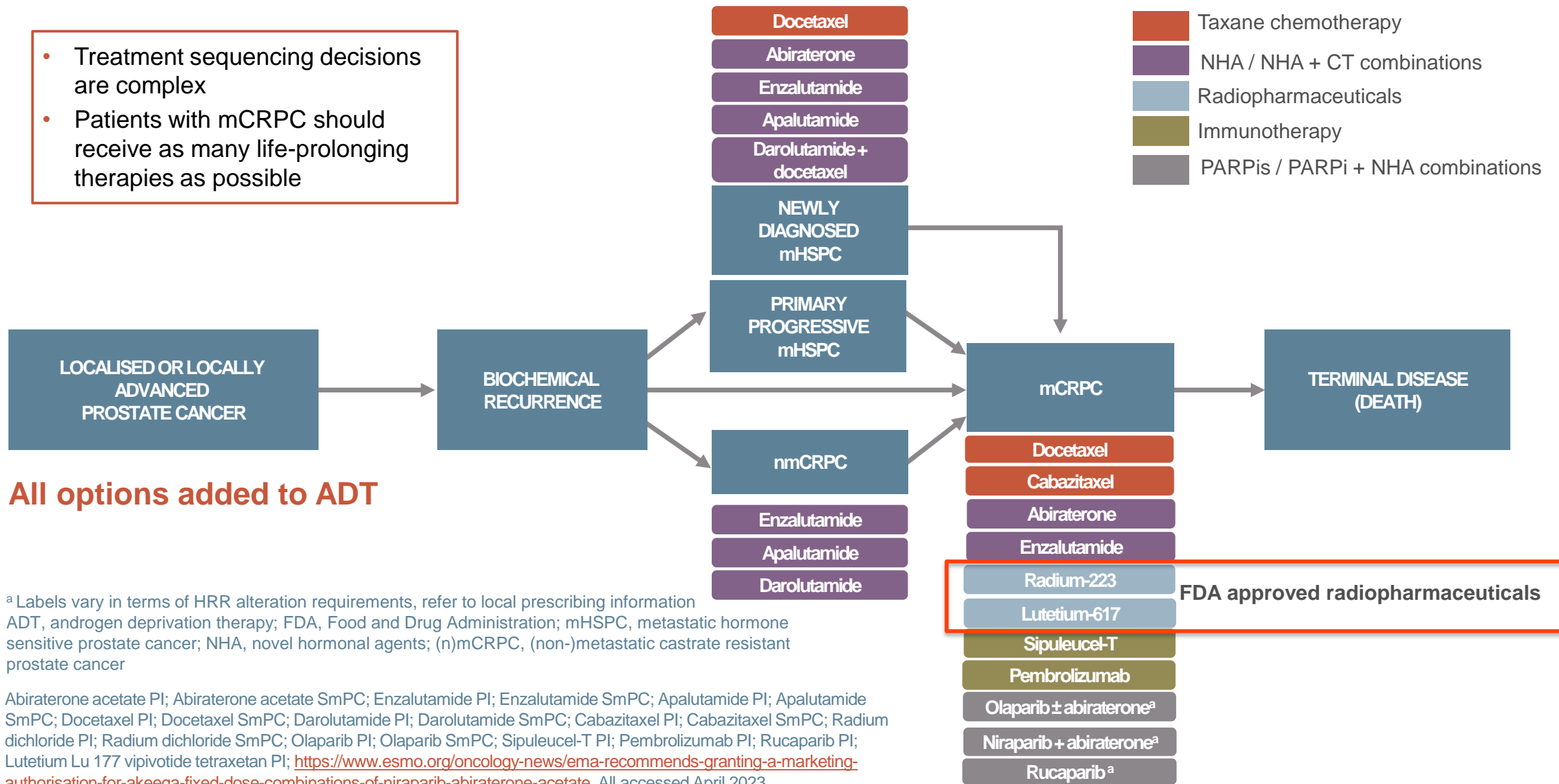
- Radiopharmaceuticals such as radium-223 and  $^{177}\text{Lu}$ -PSMA-617 offer a survival benefit to mCRPC patients as well as managing bone pain and QoL
- They are able to deliver targeted radiation to prostate cancer cells thereby minimising toxicity to normal healthy tissue
- Real-world data support using  $^{177}\text{Lu}$ -PSMA-617 in patients who previously received Ra-223
- Nurses and patients should be aware of post-treatment precautions, but radiopharmaceuticals are an effective and manageable treatment option for mCRPC patients

# EDUCATIONAL OBJECTIVES

- Recognise the considerations for **treatment selection** for mCRPC in clinical practice, minimising the impact of treatment on patient lives
- Understand the clinical application of recent data to treatment sequencing in **bone dominant mCRPC**
- Be able to **educate and support patients** during treatment to ensure patients understand what to expect

# THE PROSTATE CANCER LANDSCAPE IS COMPLICATED!

- Treatment sequencing decisions are complex
- Patients with mCRPC should receive as many life-prolonging therapies as possible



<sup>a</sup> Labels vary in terms of HRR alteration requirements, refer to local prescribing information  
 ADT, androgen deprivation therapy; FDA, Food and Drug Administration; mHSPC, metastatic hormone sensitive prostate cancer; NHA, novel hormonal agents; (n)mCRPC, (non-)metastatic castrate resistant prostate cancer

Abiraterone acetate PI; Abiraterone acetate SmPC; Enzalutamide PI; Enzalutamide SmPC; Apalutamide PI; Apalutamide SmPC; Docetaxel PI; Docetaxel SmPC; Darolutamide PI; Darolutamide SmPC; Cabazitaxel PI; Cabazitaxel SmPC; Radium dichloride PI; Radium dichloride SmPC; Olaparib PI; Olaparib SmPC; Sipuleucel-T PI; Pembrolizumab PI; Rucaparib PI; Lutetium Lu 177 vipivotide tetraxetan PI; <https://www.esmo.org/oncology-news/ema-recommends-granting-a-marketing-authorisation-for-akeega-fixed-dose-combinations-of-niraparib-abiraterone-acetate>. All accessed April 2023

# FDA-APPROVED THERAPEUTIC RADIOPHARMACEUTICALS FOR mCRPC PATIENTS

| Radiopharmaceuticals       | Radioactive particles | Description  | Survival Benefit   |
|----------------------------|-----------------------|--|--|
| Strontium-89               | $\beta$ -emitter      | Palliative agent for chemotherapy-refractory mCRPC patients with bone metastasis                                     | No survival benefit  |
| Samarium-153               | $\beta$ -emitter      | Provides significant pain relief to patients with bone metastasis  | No survival benefit  |
| Radium-223                 | $\alpha$ -emitter     | Improves overall survival in symptomatic bone-predominant mCRPC without visceral metastasis                          | 2.8-month improvement in OS compared to placebo (HR 0.70, 95% CI: 0.58-0.83, $p < 0.001$ ) |
| <sup>177</sup> Lu-PSMA-617 | $\beta$ -emitter      | Improves overall survival in PSMA-positive mCRPC patients previously treated with ARPI and taxane-based chemotherapy | 4-month improvement in OS compared to SoC (HR 0.62, 95% CI: 0.52-0.74, $p < 0.001$ )       |

<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; ARPI, androgen receptor pathway inhibitor; CI, confidence interval; FDA, Food and Drug Administration; HR, hazard ratio; mCRPC, metastatic castrate-resistant prostate cancer; OS, overall survival; SoC, standard of care

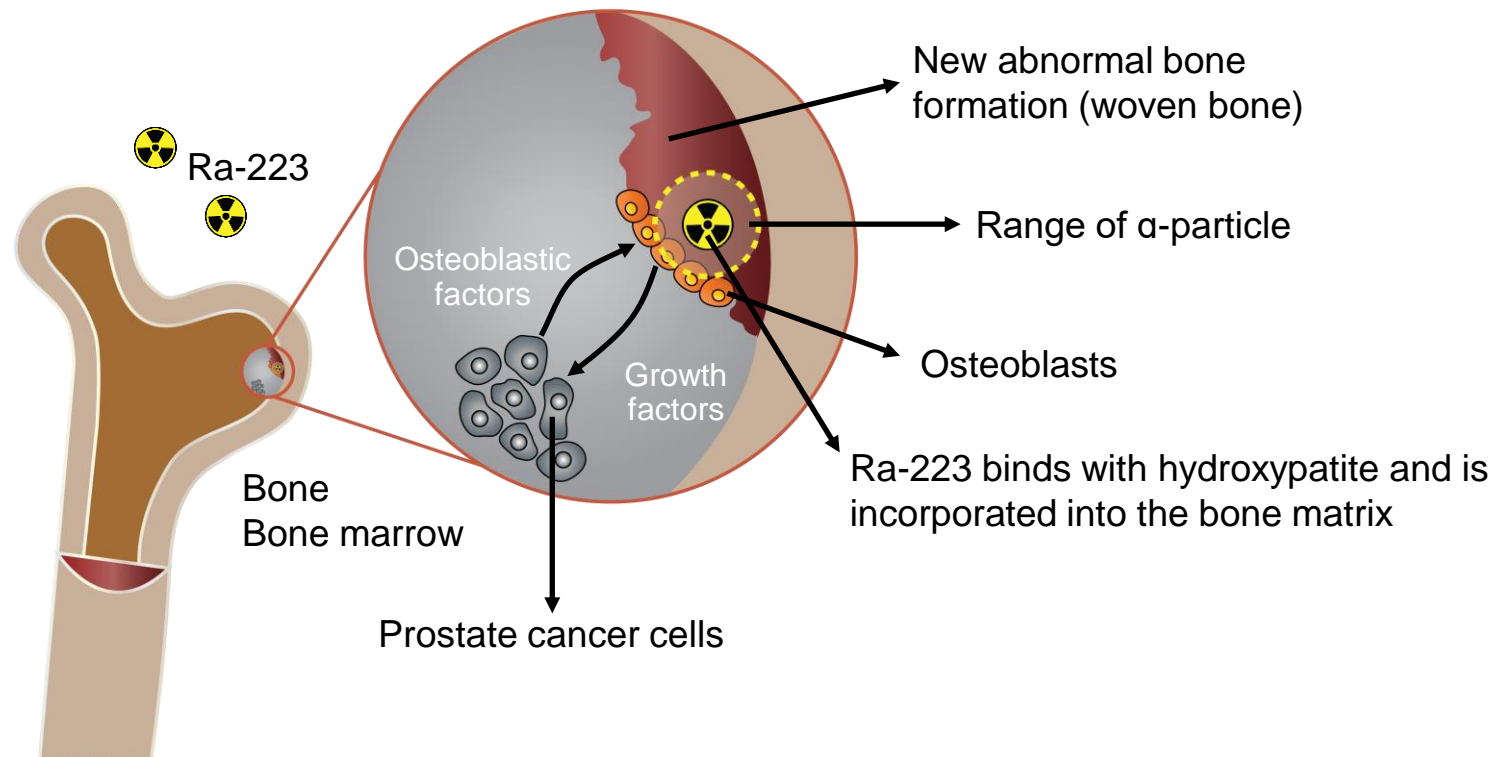
Ramnarain B, et al. *Oncologist*. 2023;28:392-401; Parker C, et al. *N Engl J Med* 2013; 369: 213-223; Sartor O, et al. *N Eng J Med*. 2021;385:1091-103

# RADIUM-223



# RADIUM-223: MECHANISM OF ACTION

- Radiopharmaceutical targets bone metastasis
- Radium-223 mimics calcium
- Taken up by the bone mets, emit alpha radiation causing double stranded DNA breaks



mets, metastases

Radium-223 Prescribing Information Dec 2019

Figure adapted from: Faria T, et al. Br J Cancer Res 2018; 1(2): 156-161

# RADIUM-223 ADMINISTRATION AND DOSE

- Ra-223 should be administered only by persons authorised to handle radiopharmaceuticals in designated clinical settings and after evaluation of the patient by a qualified physician



- The dose is 55 kBq (1.49 microcurie) per kg body weight

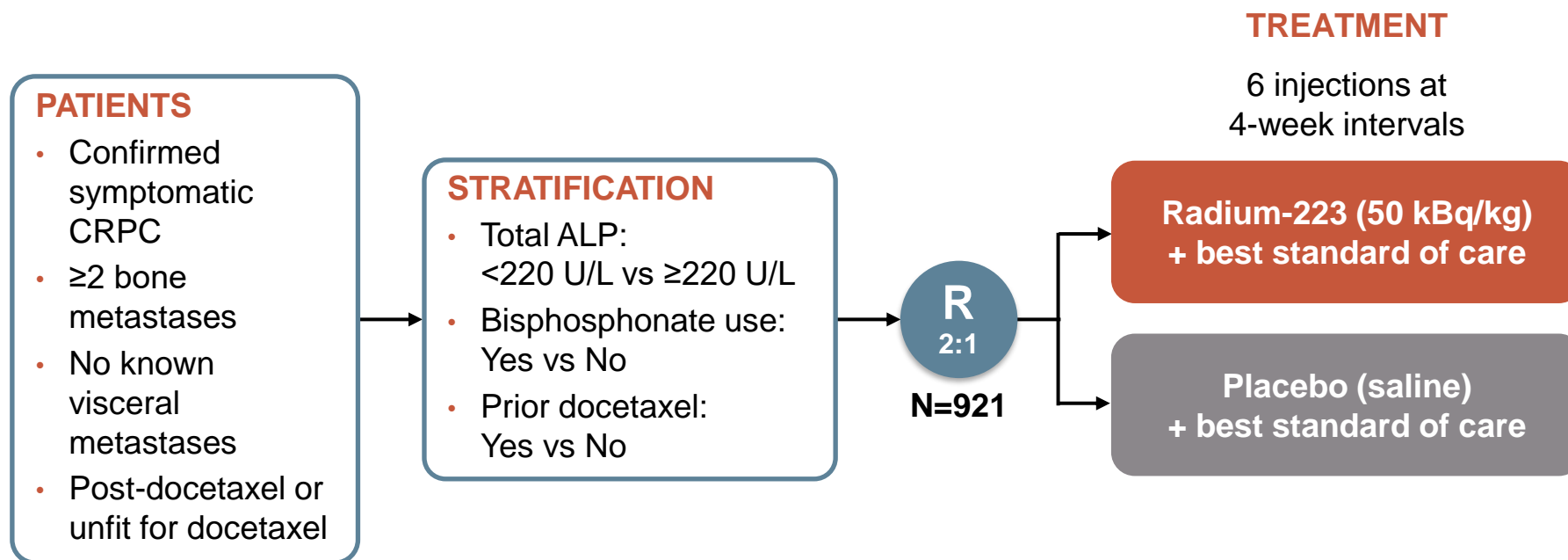
**The volume to be administered to a given patient is calculated as follows:**

$$\text{Volume to be administered (mL)} = \frac{\text{Body weight in kg} \times 55 \text{ kBq/kg body weight}}{\text{Decay factor} \times 1100 \text{ kBq/mL}} \quad \text{OR} \quad \frac{\text{Body weight in kg} \times 1.49 \text{ mCi/kg body weight}}{\text{Decay factor} \times 30 \text{ mCi/mL}}$$

- Patient treated as an outpatient

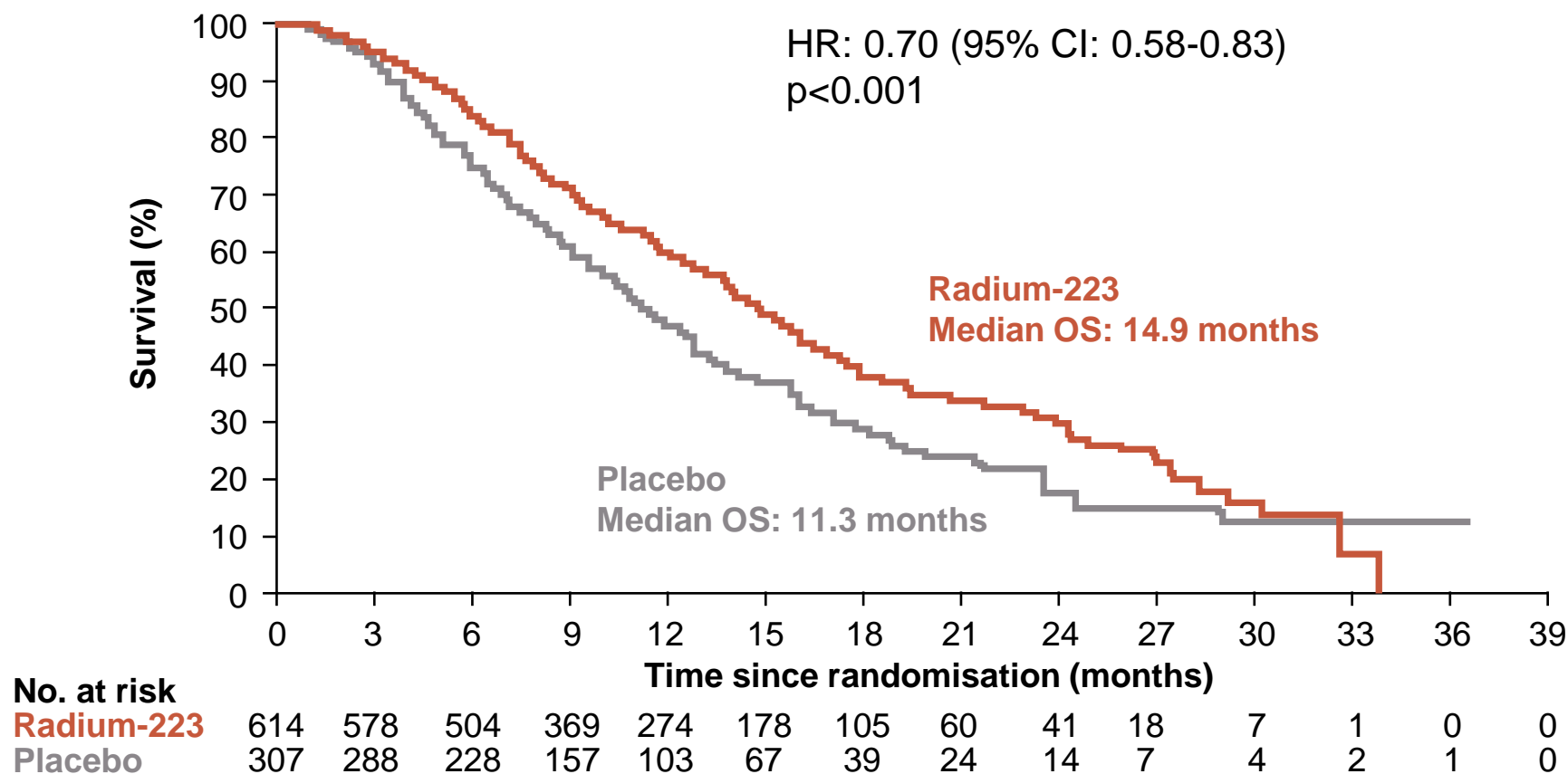
# ALSYMPCA STUDY

- Phase 3 study in mCRPC patients with symptomatic bone metastases and no known visceral mets



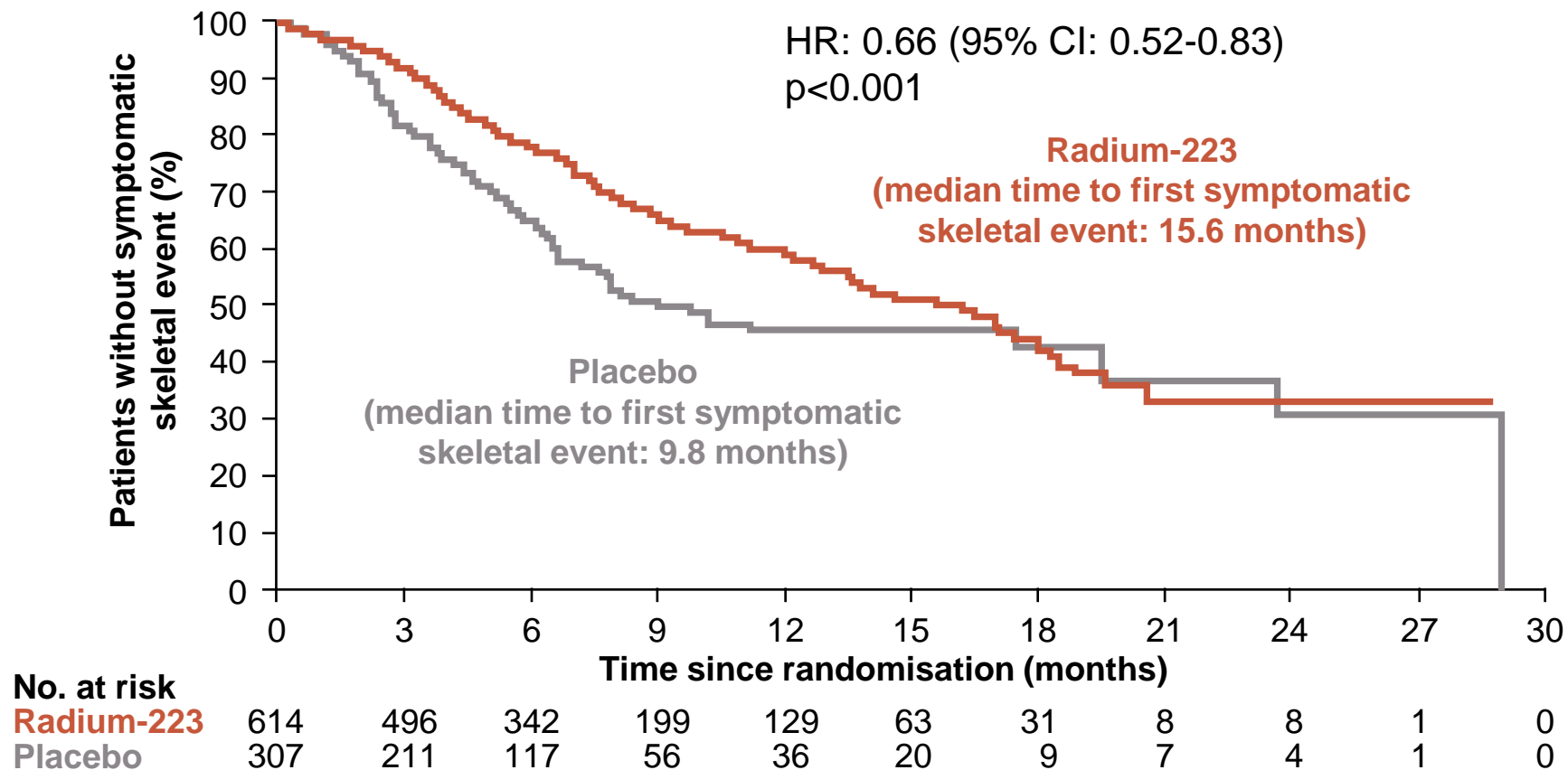
# ALSYMPCA: Ra-223 PROLONGS OVERALL SURVIVAL

- Radium-223 significantly improved overall survival compared to placebo in mCRPC patients with symptomatic bone metastases

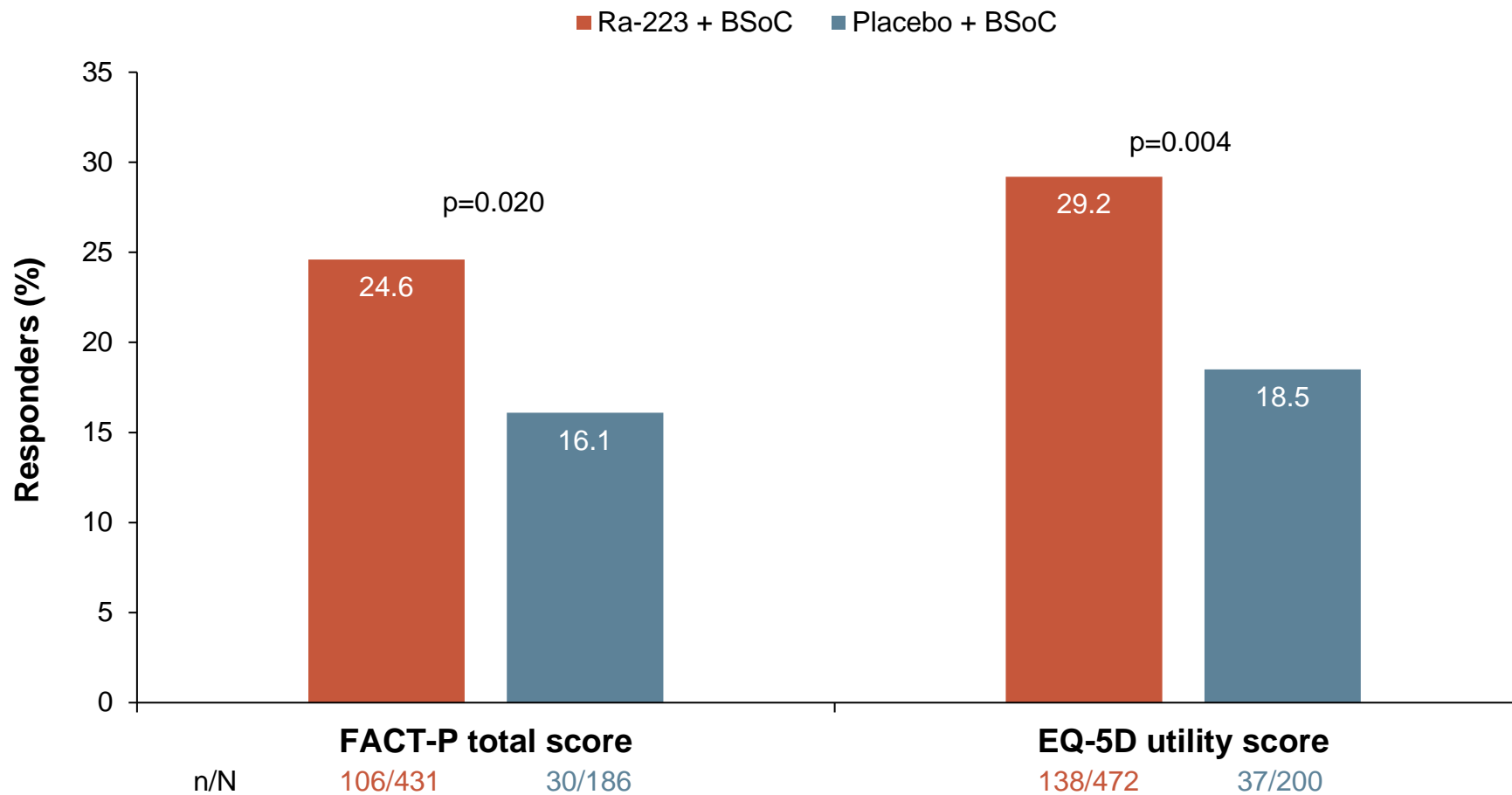


# ALSYMP-CA: Ra-223 DELAYS TIME TO FIRST SSE

## TIME TO FIRST SYMPTOMATIC SKELETAL EVENT



# ALSYMP-CA: Ra-223 RESULTS IN A MEANINGFUL IMPROVEMENT IN QoL



BSoC, best standard of care; EQ-5D, EuroQoL 5D; FACT-P, Functional Assessment of Cancer Therapy Prostate; QoL, quality of life; Ra-223, radium-223

Adapted from Nilsson S, et al. Ann Oncol. 2016;27:868-74

# ALSYMPCA: SAFETY DATA

| Event, n (%) <sup>1</sup>             | Radium-223 dichloride (n=600) |         |         |                      | Placebo (n=301) |         |         |                      |
|---------------------------------------|-------------------------------|---------|---------|----------------------|-----------------|---------|---------|----------------------|
|                                       | All grades                    | Grade 3 | Grade 4 | Grade 5 <sup>a</sup> | All grades      | Grade 3 | Grade 4 | Grade 5 <sup>a</sup> |
| <b>Haematological AEs</b>             |                               |         |         |                      |                 |         |         |                      |
| Anaemia                               | 187 (31)                      | 65 (11) | 11 (2)  | 0                    | 92 (31)         | 37 (12) | 2 (1)   | 1 (<1)               |
| Thrombocytopenia                      | 69 (12)                       | 20 (3)  | 18 (3)  | 1 (<1)               | 17 (6)          | 5 (2)   | 1 (<1)  | 0                    |
| Neutropenia                           | 30 (5)                        | 9 (2)   | 4 (1)   | 0                    | 3 (1)           | 2 (1)   | 0       | 0                    |
| <b>Non-haematological AEs</b>         |                               |         |         |                      |                 |         |         |                      |
| Constipation                          | 108 (18)                      | 6 (1)   | 0       | 0                    | 64 (21)         | 4 (1)   | 0       | 0                    |
| Diarrhoea                             | 151 (25)                      | 9 (2)   | 0       | 0                    | 45 (15)         | 5 (2)   | 0       | 0                    |
| Nausea                                | 213 (36)                      | 10 (2)  | 0       | 0                    | 104 (35)        | 5 (2)   | 0       | 0                    |
| Vomiting                              | 111 (18)                      | 10 (2)  | 0       | 0                    | 41 (14)         | 7 (2)   | 0       | 0                    |
| Asthenia                              | 35 (6)                        | 5 (1)   | 0       | 0                    | 18 (6)          | 4 (1)   | 0       | 0                    |
| Fatigue                               | 154 (26)                      | 21 (4)  | 3 (1)   | 0                    | 77 (26)         | 16 (5)  | 2 (1)   | 0                    |
| General physical health deterioration | 27 (4)                        | 9 (2)   | 2 (<1)  | 5 (1)                | 21 (7)          | 8 (3)   | 2 (1)   | 2 (1)                |
| Peripheral oedema                     | 76 (13)                       | 10 (2)  | 0       | 0                    | 30 (10)         | 3 (1)   | 1 (<1)  | 0                    |
| Pyrexia                               | 38 (6)                        | 3 (1)   | 0       | 0                    | 19 (6)          | 3 (1)   | 0       | 0                    |
| Pneumonia                             | 18 (3)                        | 9 (2)   | 0       | 4 (1)                | 16 (5)          | 5 (2)   | 2 (1)   | 0                    |

<sup>a</sup> Only one grade 5 haematological AE was considered possibly related to study drug: thrombocytopenia in one patient in the radium-223 group

- Final 3-year safety analysis of ALSYMPCA showed that radium-223 remained well tolerated, with low myelosuppression incidence and no new safety concern<sup>2</sup>

AE, adverse event

1. Parker C, et al. N Engl J Med. 2013;369:213-23; 2. Parker C, et al. Eur Urol. 2018;73:427-35

# RADIUM-223: SIDE EFFECT MANAGEMENT

- **Diarrhoea and sickness**
  - Monitor oral intake and fluid status to prevent dehydration
- **Low blood cell count** – risk of infection/anaemia/bruising
  - Haematological evaluation at baseline and prior to every dose of radium-223
- **Increased bone pain in the area of bone disease** for a few days after treatment
  - Increase pain medication during this period
  - Levels of pain decrease with progressive cycles of radium-223
- **Peripheral oedema**
  - Gentle exercise, raise swollen areas on chair
  - Treat with diuretics if required



# WHEN TO USE Ra-223



## *Radium-223 FDA-approved indication<sup>1</sup>*

Indicated for the treatment of patients with castrate-resistant prostate cancer, **symptomatic bone metastases** and **no known visceral metastatic disease**



## *Radium-223 EMA-approved indication<sup>2</sup>*

Indicated as monotherapy or in combination with an LHRH analogue for the treatment of adult patients with mCRPC, **symptomatic bone metastases** and **no known visceral metastases**, who are in **progression after at least two prior lines of systemic therapy** for mCRPC (other than LHRH analogues), or ineligible for any available systemic mCRPC treatment

# **$^{177}\text{Lu}$ -PSMA-617**

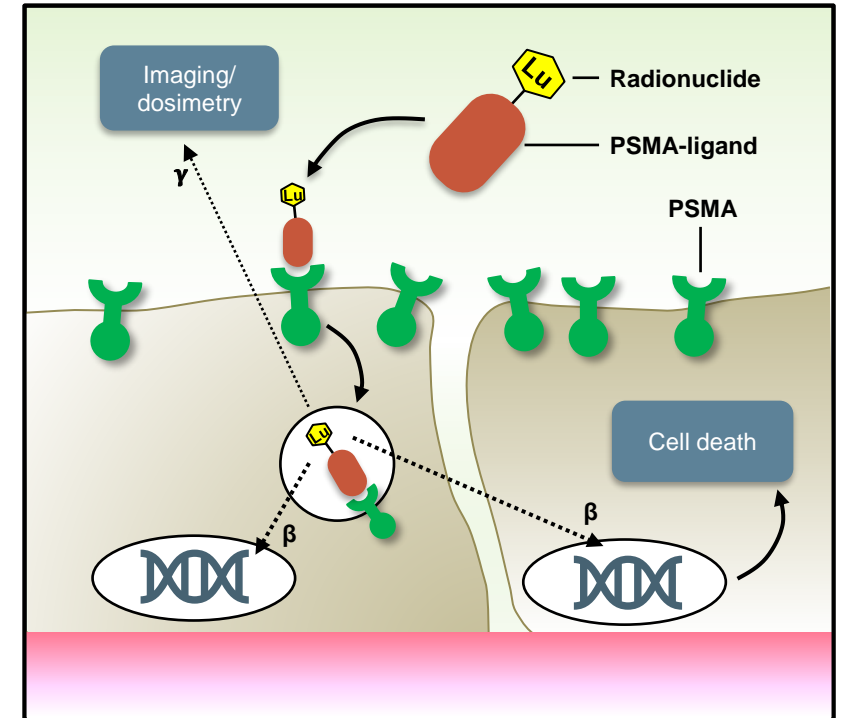
# <sup>177</sup>Lu-PSMA-617: MECHANISM OF ACTION

## MECHANISM OF ACTION

- <sup>177</sup>Lu-PSMA is a radionuclide therapy that is directed to PSMA expressing prostate cancer
- <sup>177</sup>Lu-PSMA-617 pairs PSMA targeting ligand (PSMA-617) to radioactive atom (<sup>177</sup>Lutetium)
- “Ligand” is a small molecule designed to bind to PSMA, a protein highly expressed on the cell surface of most prostate cancer cells
- Once bound, the <sup>177</sup>Lutetium atom releases an energetic beta particle that kills cancer cell

## ADMINISTRATION

- Administered as 6 fractions of treatment (once every 6 weeks ± 1 week)
  - 7.4 GBq (± 10%) of <sup>177</sup>Lu-PSMA-617 will be administered
  - Treatment will be administered on an outpatient basis in the Department of Nuclear Medicine

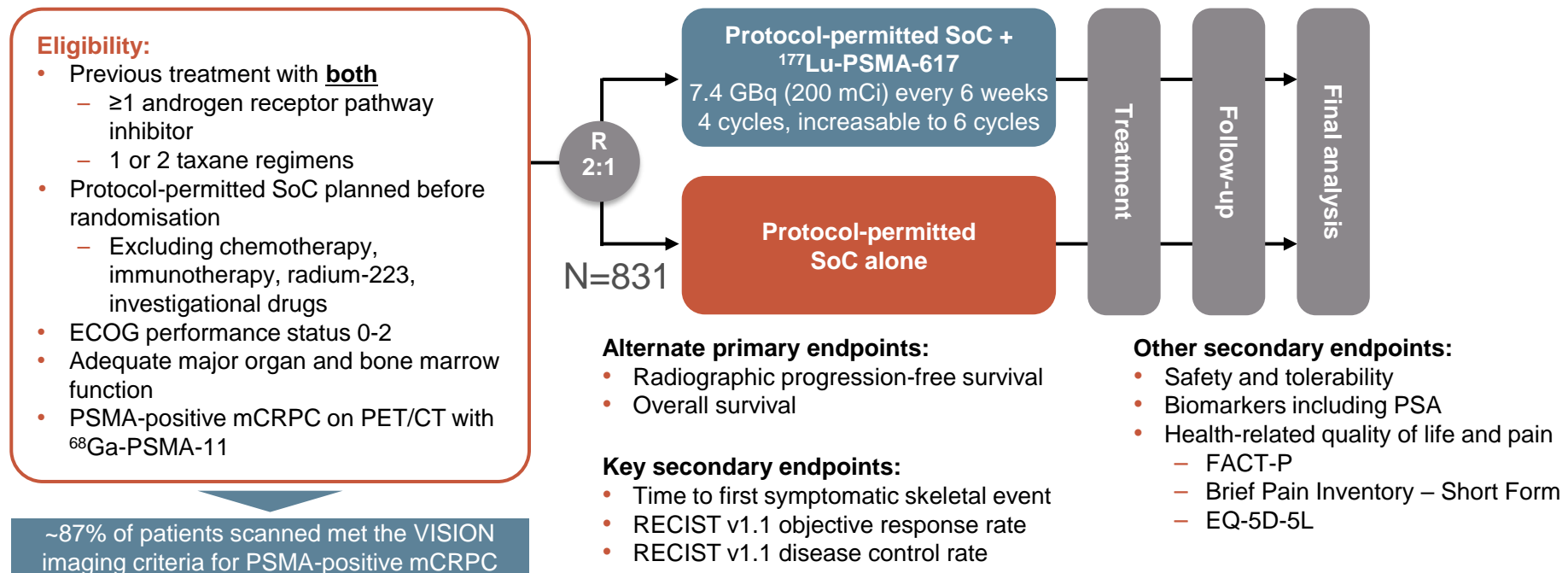


<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; β, β particle; GBq, gigabecquerel; PSMA, prostate specific membrane antigen; RLT, radioligand therapy

Ferdinandusa J, et al. Curr Opin Urol. 2018;28:197-204; Lutetium Lu 177 vipivotide tetraxetan US Prescribing Information (Oct 2022)

# VISION STUDY: BACKGROUND AND DESIGN

- Prostate-specific membrane antigen (PSMA) is highly expressed on the surface of prostate cancer cells, including metastatic lesions, and is only expressed on a few normal tissues such as the salivary and lacrimal glands
- Studies have confirmed that PSMA-bound imaging is highly specific for PET-based imaging of prostate cancer
- The VISION trial randomised patients with mCRPC who had  $\geq 1$  PSMA-PET positive metastatic lesion and no PSMA-negative metastatic lesions to receive either  $^{177}\text{Lu}$ -PSMA-617 plus ongoing standard of care or standard of care

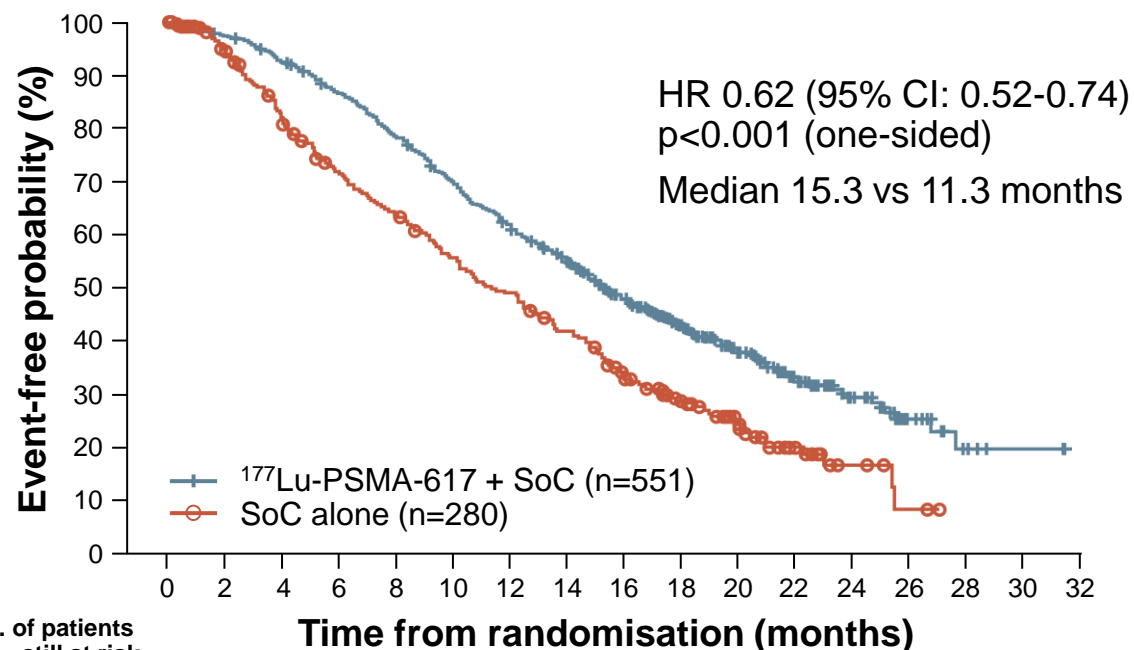


$^{68}\text{Ga}$ -PSMA-11; gallium-68-prostate-specific membrane antigen-11;  $^{177}\text{Lu}$ -PSMA-617, lutetium-177-prostate-specific membrane antigen-617; CT, computed tomography; ECOG, Eastern Cooperative Oncology Group; EQ-5D-5L, European Quality of Life (EuroQol)–5 domain 5 level scale; FACT-P, Functional Assessment of Cancer Therapy–Prostate; mCi, microcurie; mCRPC, metastatic castrate-resistant prostate cancer; PET, positron-emission tomography; PSA, prostate-specific antigen; PSMA prostate-specific membrane antigen; R, randomisation; RECIST, Response Evaluation Criteria in Solid Tumours; SoC, standard of care

# VISION STUDY: <sup>177</sup>Lu-PSMA-617 PROLONGS OS IN PTS WHO HAVE RECEIVED ≥1 ARI, AND 1 OR 2 PRIOR TAXANE-BASED CT REGIMENS

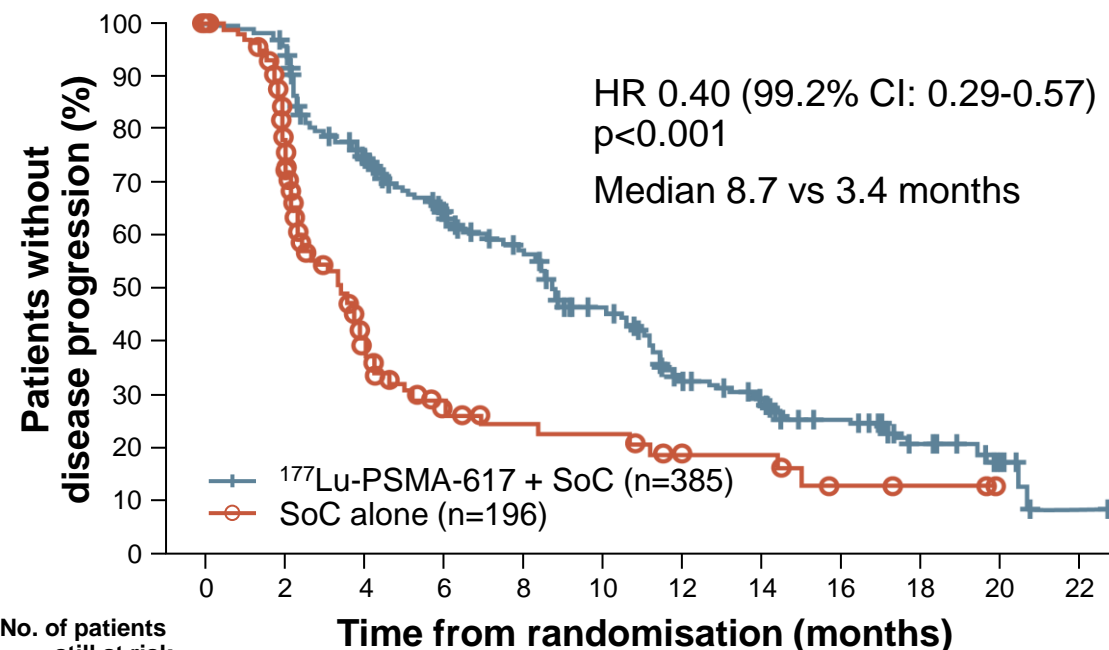
## ALTERNATE PRIMARY ENDPOINTS

OS all randomised patients (N=831)



| No. of patients still at risk    | Time from randomisation (months) |     |     |     |     |     |     |     |     |     |     |    |    |    |    |    |    |
|----------------------------------|----------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|----|----|----|
|                                  | 0                                | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22 | 24 | 26 | 28 | 30 | 32 |
| <sup>177</sup> Lu-PSMA-617 + SoC | 551                              | 535 | 506 | 470 | 425 | 377 | 332 | 289 | 236 | 166 | 112 | 63 | 36 | 15 | 5  | 2  | 0  |
| SoC alone                        | 280                              | 238 | 203 | 173 | 155 | 133 | 117 | 98  | 73  | 51  | 33  | 16 | 6  | 2  | 0  | 0  | 0  |

Imaging-based progression-free survival (n=581)



| No. of patients still at risk    | Time from randomisation (months) |     |     |     |     |     |    |    |    |    |    |    |  |  |  |  |
|----------------------------------|----------------------------------|-----|-----|-----|-----|-----|----|----|----|----|----|----|--|--|--|--|
|                                  | 0                                | 2   | 4   | 6   | 8   | 10  | 12 | 14 | 16 | 18 | 20 | 22 |  |  |  |  |
| <sup>177</sup> Lu-PSMA-617 + SoC | 385                              | 362 | 272 | 215 | 182 | 137 | 88 | 71 | 49 | 21 | 6  | 1  |  |  |  |  |
| SoC alone                        | 196                              | 119 | 36  | 19  | 14  | 13  | 7  | 7  | 3  | 2  | 0  | 0  |  |  |  |  |

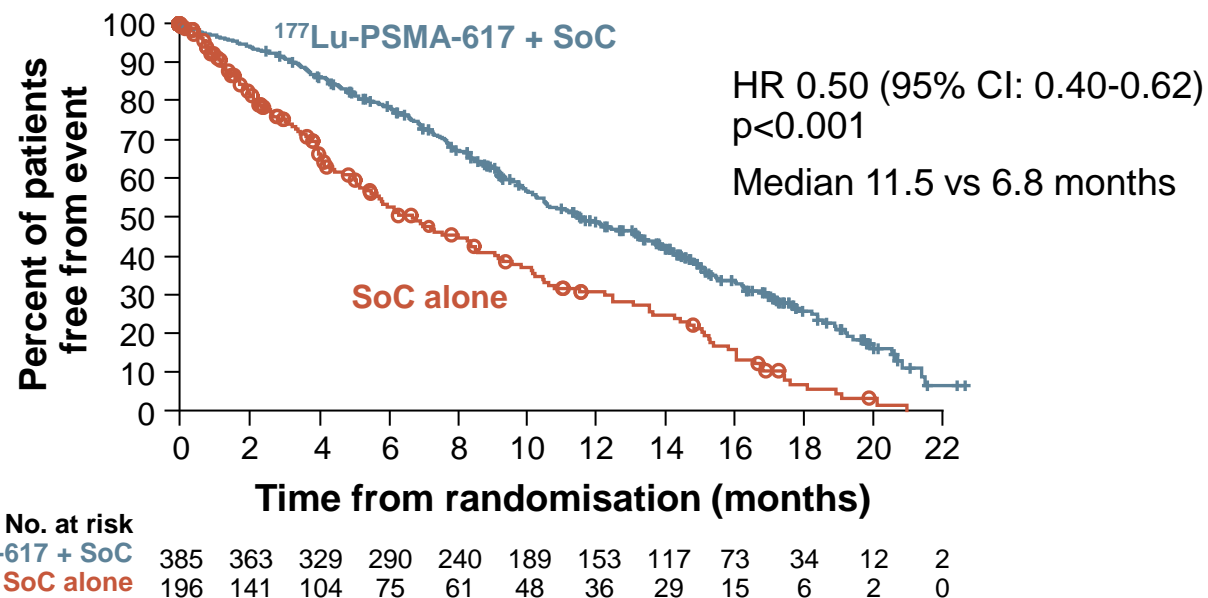
<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; ARI, androgen receptor inhibitor; CI, confidence interval; CT, chemotherapy; <sup>177</sup>Lu-PSMA-617, lutetium-177-prostate specific membrane antigen-617; HR, hazard ratio; OS, overall survival; pt, patient; SoC, standard of care

# VISION STUDY: <sup>177</sup>Lu-PSMA-617 SIGNIFICANTLY IMPROVES ALL SECONDARY ENDPOINTS

INCLUDING TIME TO FIRST SYMPTOMATIC SKELETAL EVENT, ORR AND DCR

Time to first symptomatic skeletal event

| Patients with evaluable disease at baseline | <sup>177</sup> Lu-PSMA-617 + SoC (N=319)  | SoC (N=120) |
|---|---|-------------|
| ORR, n (%)                                  | 95 (29.8)                                 | 2 (1.7)     |
|   | OR 24.99 (95% CI: 6.05-103.24)<br>p<0.001 |             |
| DCR, n (%)                                  | 284 (89.0)                                | 80 (66.7)   |
|   | OR 5.79 (95% CI: 3.18-10.55)<br>p<0.001   |             |

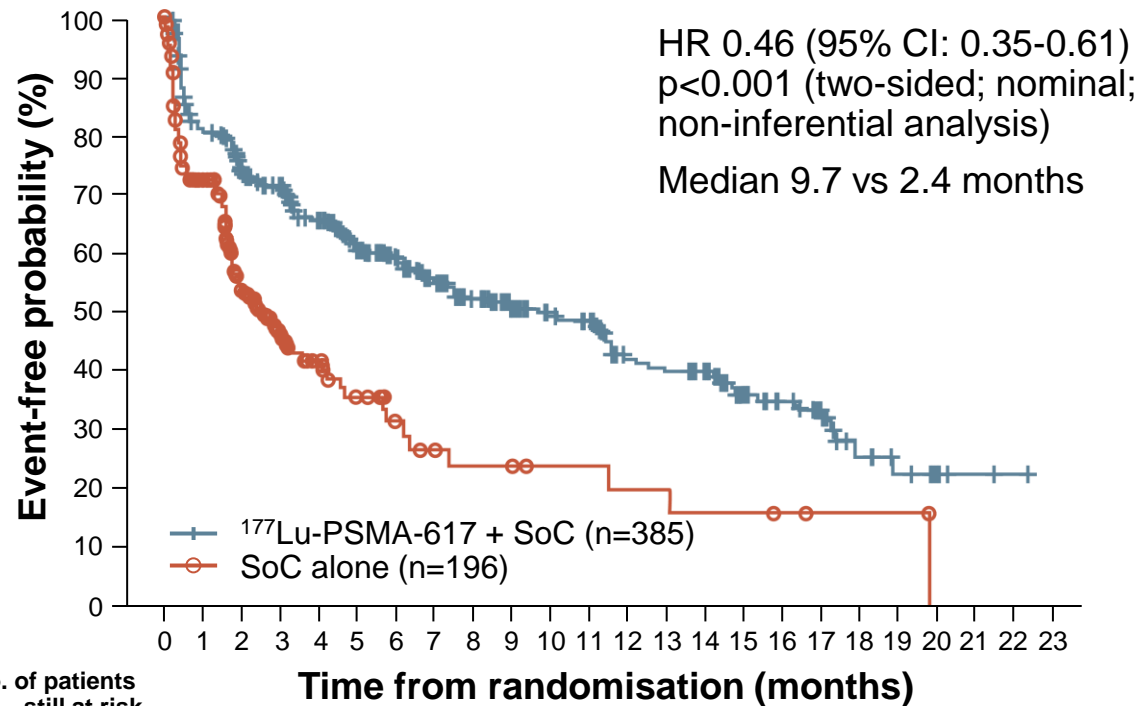


<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; CI, confidence interval; DCR, disease control rate; HR, hazard ratio; mo, months; OR, odds ratio; ORR, overall response rate; SoC, standard of care

# VISION STUDY: <sup>177</sup>Lu-PSMA-617 BENEFICIAL EFFECT ON PAIN AND QoL

## FACT-P TOTAL SCORE

Time to worsening favoured the <sup>177</sup>Lu-PSMA-617 arm  
rPFS analysis set (N=581)



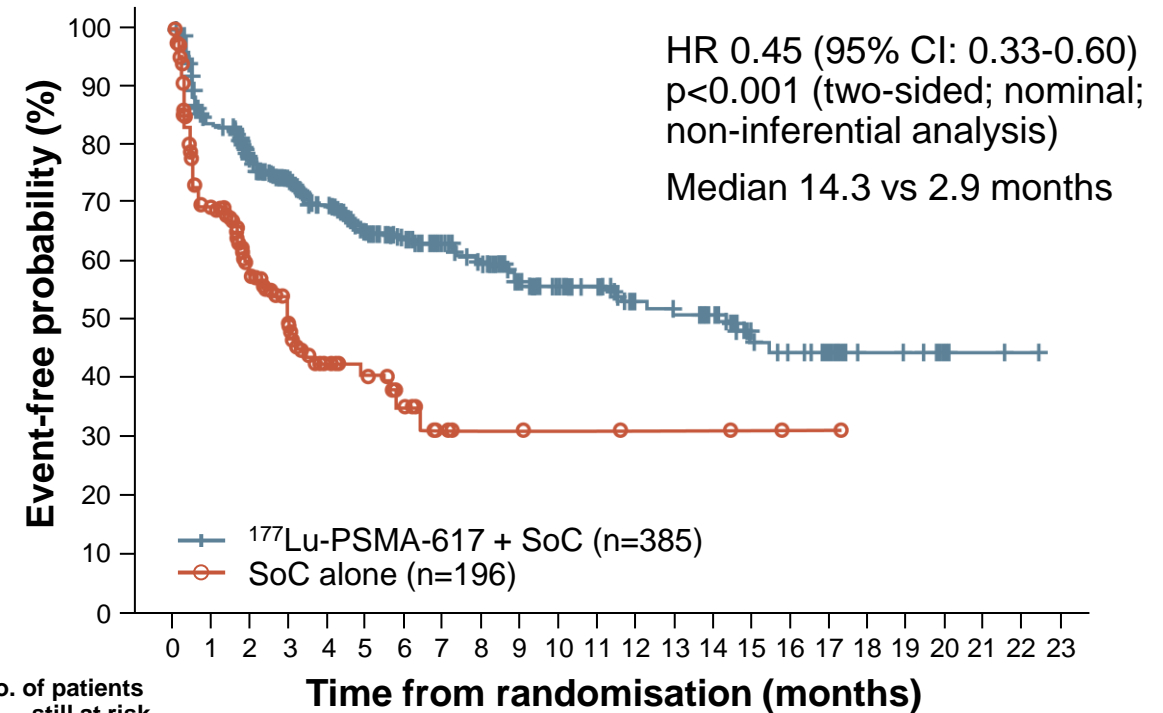
| No. of patients still at risk    | 0   | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|----------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| <sup>177</sup> Lu-PSMA-617 + SoC | 385 | 289 | 255 | 235 | 201 | 167 | 146 | 126 | 110 | 89 | 76 | 72 | 54 | 51 | 46 | 33 | 27 | 21 | 10 | 7  | 4  | 2  | 1  | 0  |
| SoC alone                        | 196 | 97  | 66  | 42  | 30  | 21  | 14  | 10  | 8   | 8  | 6  | 6  | 5  | 5  | 4  | 4  | 3  | 2  | 2  | 2  | 0  | 0  | 0  | 0  |

Time to the first occurrence of ≥10-point decrease in FACT-P total from baseline

## BPI-SF PAIN INTENSITY

Time to worsening favoured the <sup>177</sup>Lu-PSMA-617 arm

rPFS analysis set (N=581)



| No. of patients still at risk    | 0   | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|----------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| <sup>177</sup> Lu-PSMA-617 + SoC | 385 | 296 | 265 | 238 | 197 | 162 | 146 | 129 | 113 | 87 | 70 | 66 | 51 | 48 | 42 | 24 | 21 | 15 | 8  | 6  | 2  | 2  | 1  | 0  |
| SoC alone                        | 196 | 94  | 65  | 37  | 25  | 19  | 12  | 7   | 5   | 5  | 4  | 4  | 3  | 3  | 3  | 2  | 1  | 1  | 0  | 0  | 0  | 0  | 0  | 0  |

Time to the first occurrence of ≥30-point or ≥2-point increase in BPI-SF pain intensity from baseline

<sup>177</sup>Lu-PSMA-617, Lutetium-177-prostate-specific membrane antigen-617; BPI-SF, Brief Pain Inventory–Short Form; CI, confidence interval; FACT-P, Functional Assessment of Cancer Therapy– Prostate; HR, hazard ratio; QoL, quality of life; rPFS, radiographic progression-free survival; SoC, standard of care

Fizazi K, et al. Ann Oncol. 2021;32 suppl 5:S627-8 (ESMO 2021 oral presentation)

# VISION STUDY: SIDE EFFECTS

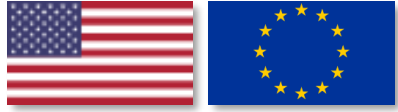
## TREATMENT-EMERGENT ADVERSE EVENTS

| Patients, n (%)                            | <sup>177</sup> Lu-PSMA-617 + SoC<br>(N=529) |              | SoC alone<br>(N=205) |              |
|--|---|--------------|----------------------|--------------|
|  | All grades                                  | Grade 3 to 5 | All grades           | Grade 3 to 5 |
| <b>Any drug-related TEAE</b>               | 451 (85.3)                                  | 150 (28.4)   | 59 (28.8)            | 8 (3.9)      |
| Serious                                    | 49 (9.3)                                    | 43 (8.1)     | 5 (2.4)              | 5 (2.4)      |
| Grade 5 <sup>a</sup>                       | 5 (0.9)                                     | 5 (0.9)      | 0 (0.0)              | 0 (0.0)      |
| <b>TEAEs grouped by topics of interest</b> |   |              |                      |              |
| Fatigue                                    | 260 (49.1)                                  | 37 (7.0)     | 60 (29.3)            | 5 (2.4)      |
| Bone marrow suppression                    | 251 (47.4)                                  | 124 (23.4)   | 36 (17.6)            | 14 (6.8)     |
| Leukopenia                                 | 66 (12.5)                                   | 13 (2.5)     | 4 (2.0)              | 1 (0.5)      |
| Lymphopenia                                | 75 (14.2)                                   | 41 (7.8)     | 8 (3.9)              | 1 (0.5)      |
| Anaemia                                    | 168 (31.8)                                  | 68 (12.9)    | 27 (13.2)            | 10 (4.9)     |
| Thrombocytopenia                           | 91 (17.2)                                   | 42 (7.9)     | 9 (4.4)              | 2 (1.0)      |
| Dry mouth                                  | 208 (39.3)                                  | 0 (0.0)      | 2 (1.0)              | 0 (0.0)      |
| Nausea and vomiting                        | 208 (39.3)                                  | 8 (1.5)      | 35 (17.1)            | 1 (0.5)      |
| Renal effects                              | 46 (8.7)                                    | 18 (3.4)     | 12 (5.9)             | 6 (2.9)      |
| Second primary malignancies                | 11 (2.1)                                    | 4 (0.8)      | 2 (1.0)              | 1 (0.5)      |
| Intracranial haemorrhage                   | 7 (1.3)                                     | 5 (0.9)      | 3 (1.5)              | 2 (1.0)      |

<sup>a</sup> There were five drug-related treatment-emergent adverse events leading to death in the <sup>177</sup>Lu-PSMA-617 arm: pancytopenia, n=2; bone-marrow failure, n=1; subdural haematoma, n=1; intracranial haemorrhage, n=1



# WHEN TO USE <sup>177</sup>Lu-PSMA-617



## <sup>177</sup>Lu-PSMA-617 FDA and EMA approved indications<sup>1,2</sup>

<sup>177</sup>Lu-PSMA-617 is approved by the FDA and EMA for the treatment of adult patients with progressive PSMA-positive mCRPC who have been previously treated with ARPI and taxane-based chemotherapy <sup>1,2</sup>

- The pivotal VISION trial supports the use of <sup>177</sup>Lu-PSMA-617 in patients previously treated with an ARPI and docetaxel in a setting currently occupied with cabazitaxel<sup>3</sup>
- The phase 2, TheraP trial performed a direct comparison between <sup>177</sup>Lu-PSMA-617 and cabazitaxel<sup>4</sup>:
  - <sup>177</sup>Lu-PSMA-617 led to a higher PSA response (66 vs 37%, p<0.0001) and fewer grade 3 to 4 AEs (33 vs 53%)
  - Based on these results, cabazitaxel - <sup>177</sup>Lu-PSMA-617 sequence could be reversed
- However, the 3-year follow up of the TheraP study showed no difference in OS between the treatments (19.1 vs 19.6 months, difference -0.5, 95% CI -3.7 to + 2.7)<sup>5</sup>

<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; ADT, androgen deprivation therapy; AE, adverse event; ARPI, androgen receptor pathway inhibitor; CI, confidence interval; EMA, European Medicines Agency; FDA, Food and Drug Administration; mCRPC, metastatic castrate-resistant prostate cancer; OS overall survival; PSA, prostate-specific antigen; PSMA, prostate specific membrane antigen

1. Lu-PSMA US Prescribing Information; 2. Lu-PSMA SmPC; 3. Sartor O, et al. N Engl J Med. 2021;385:1091-103; 4. Hofman M, et al. Lancet. 2021;397:797-804; 5. Hofman M, et al. J Clin Oncol. 2022;40, no. 16\_suppl:5000-5000

# SEQUENCING RADIOPHARMACEUTICALS

# VISION STUDY: rPFS BY PRIOR TREATMENTS (BICR)

- ~78% of patients had received ≥3 lines of prior therapy in the VISION trial

| n/N (%)                    |     | <sup>177</sup> Lu-PSMA-617 + SoC<br>(n=385) | SoC alone<br>(n=196) | Favours <sup>177</sup> Lu-PSMA-617<br>← | Favours SoC<br>→ | HR (95% CI)              |
|----------------------------|-----|---|----------------------|---|------------------|--------------------------|
| <b>ARPIs</b>               | 1   | 138/209 (66.0)                              | 42/97 (43.3)         |   |                  | 0.51 (0.35, 0.73)        |
|                            | ≥2  | 116/176 (65.9)                              | 51/99 (51.5)         |   |                  | 0.32 (0.23, 0.45)        |
| <b>Taxane regimens</b>     | 1   | 142/224 (63.4)                              | 49/110 (44.5)        |   |                  | 0.39 (0.27, 0.54)        |
|                            | ≥2  | 94/134 (70.1)                               | 40/77 (51.9)         |   |                  | 0.44 (0.30, 0.66)        |
| <b>Non-taxane regimens</b> | 0   | 230/347 (66.3)                              | 88/183 (48.1)        |   |                  | 0.41 (0.32, 0.54)        |
|                            | ≥1  | 24/38 (63.2)                                | 5/13 (38.5)          |   |                  | 0.20 (0.07, 0.56)        |
| <b>Immunotherapies</b>     | 0   | 199/306 (65.0)                              | 65/146 (44.5)        |   |                  | 0.44 (0.33, 0.59)        |
|                            | ≥1  | 55/79 (69.6)                                | 28/50 (56.0)         |   |                  | 0.33 (0.20, 0.53)        |
| <b>Bone health agents</b>  | Yes | 45/66 (68.2)                                | 21/35 (60.0)         |   |                  | 0.35 (0.20, 0.62)        |
|                            | No  | 209/319 (65.5)                              | 72/161 (44.7)        |   |                  | 0.42 (0.31, 0.56)        |
| <b><sup>223</sup>Ra</b>    | Yes | 43/63 (68.3)                                | 19/36 (52.8)         |   |                  | 0.49 (0.28, 0.87)        |
|                            | No  | 211/322 (65.5)                              | 74/160 (46.3)        |   |                  | 0.38 (0.28, 0.50)        |
| <b>PARP inhibitors</b>     | Yes | 18/24 (75.0)                                | 5/11 (45.5)          |   |                  | 0.31 (0.11, 0.89)        |
|                            | No  | 236/361 (65.4)                              | 88/185 (47.6)        |   |                  | 0.41 (0.31, 0.53)        |
| <b>All patients</b>        |     | <b>254/385 (66.0)</b>                       | <b>93/196 (47.4)</b> |   |                  | <b>0.40 (0.31, 0.52)</b> |

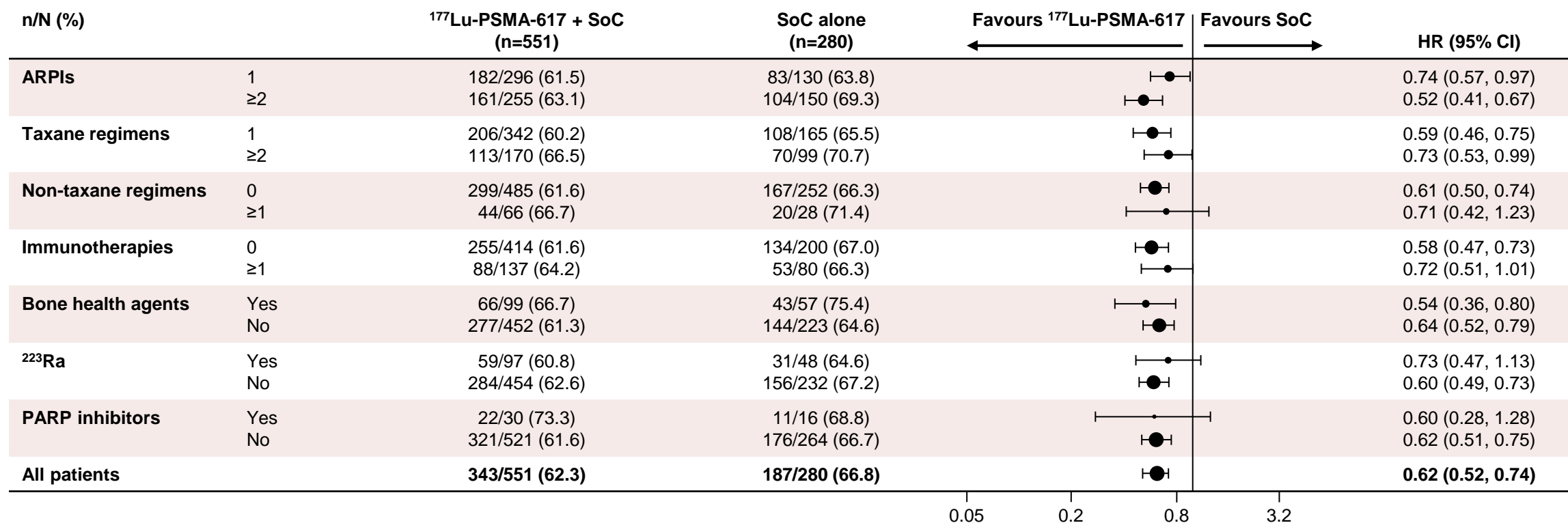
- rPFS benefits with <sup>177</sup>Lu-PSMA-617 were consistent across all prior treatment groups, including prior treatment with the radiopharmaceutical Ra-223

ARPI, androgen receptor pathway inhibitor; CI, confidence interval; HR, hazard ratio; PARP, poly (ADP-ribose) polymerase; PSMA, prostate-specific membrane antigen; Ra, radium; rPFS, radiographic progression-free survival; SoC, standard of care

Sartor O, et al. N Eng J Med. 2021;385:1091-103 (supplementary data appendix); Vaishampayan N, et al. ASCO 2022; abstract #5001 (oral presentation)

# VISION STUDY: OS BY PRIOR TREATMENTS (BICR)

- OS benefits with <sup>177</sup>Lu-PSMA-617 were consistent across all prior treatment groups

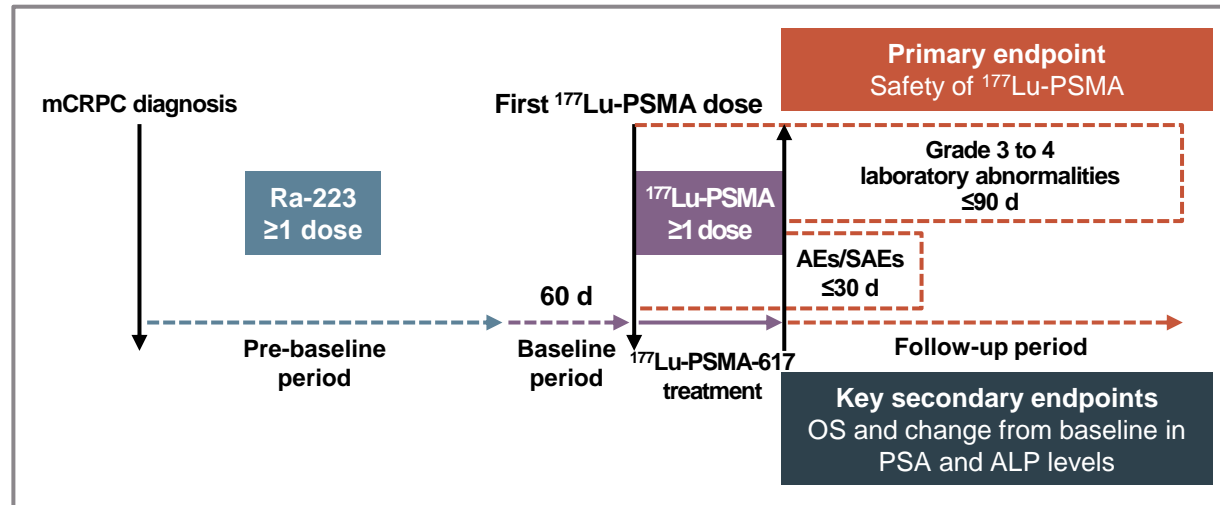


ARPI, androgen receptor pathway inhibitor; CI, confidence interval; HR, hazard ratio; OS, overall survival; PARP, poly (ADP-ribose) polymerase; PSMA, prostate-specific membrane antigen; Ra, radium; SoC, standard of care

Sartor O, et al. N Eng J Med. 2021;385:1091-103 (supplementary data appendix); Vaishampayan N, et al. ASCO 2022; abstract #5001 (oral presentation)

# RALU STUDY: <sup>177</sup>Lu-PSMA-617 IN PATIENTS PREVIOUSLY TREATED WITH RA-223

- The RALU study was a retrospective, multicentre medical chart review evaluating the safety and clinical outcomes of sequential radium-223/<sup>177</sup>Lu-PSMA therapy in mCRPC patients



## RESULTS

- Low rates of overall and hematologic AEs indicated an acceptable safety profile when using <sup>177</sup>Lu-PSMA-617 after Ra-223
- Median OS was 12.6 and 31.4 mo from the first dose of <sup>177</sup>Lu-PSMA-617 and Ra-223, respectively, and 39% of patients had at least a 30% decline in PSA

- The use of novel mechanisms of action with life-prolonging benefits, such as Ra-223 and <sup>177</sup>Lu-PSMA-617, can be achieved in heavily pretreated mCRPC patients
- The data support using <sup>177</sup>Lu-PSMA-617 in patients who previously received Ra-223

<sup>177</sup>Lu-PSMA, lutetium-177-prostate-specific membrane antigen; AE, adverse event; ALP, alkaline phosphatase; d, days; mCRPC, metastatic castrate resistant prostate cancer; mo, months; OS, overall survival; PSA, prostate specific antigen; Ra-223, radium-223; SAE, serious adverse event

# NURSE MANAGEMENT OF PATIENTS

# RISK ASSESSMENT: DETERMINE PATIENTS MEDICAL & PERSONAL CIRCUMSTANCES

- Do they have any urinary or faecal incontinence?
- Do they have a urinary catheter/urostomy or stoma bag?
- Does the patient have a separate toilet at home they can use for one week post treatment?
- Does the patient need any personal care?
- Does the patient care for anyone?
- Is the patient sexually active (should not father a child for 6 months post-treatment and use of a condom recommended)?
- Does the patient share their accommodation with any pregnant/breastfeeding women or children
- Is the patient solely or chiefly responsible for care of any children
  - They need to avoid prolonged close contact e.g. sitting on the sofa watching television, contact with babies and small children under 16 for the first 3 days
  - No isolation from family or friends is required
- Consider patient's occupation/activities/family commitments and social life
  - Does the patient work, or do they carry out any tasks outside of the house?
  - Any important upcoming family/social events (e.g. wedding)?

# BEST PRACTICE: MANAGING BODILY FLUIDS DURING TREATMENT

- Bodily fluids are slightly radioactive for the first 7 days therefore precautions are required
  - Sit to void & double flush with the lid down after each use
  - Does the patient have a separate toilet at home they can use for one week post treatment?
  - If a shared toilet, wipe the toilet seat after use
  - Wipe carefully after bowel movement/some patients use gloves
  - When handling bodily fluids, simply wearing gloves and hand washing will protect caregivers
  - Soiled clothing should be washed promptly and separately from other clothing



# RADIUM-223: SAFETY/RADIATION CONSIDERATIONS

- **Patients should stay well hydrated**, and their oral intake, fluid status, and urine output should be monitored while on treatment
  - Patients should promptly report signs of dehydration, hypovolemia, urinary retention, or renal failure / insufficiency
- There are **no restrictions regarding personal contact** (visual or physical proximity) with other people after receiving Ra-223
- **Male patients should use condoms and their female partners of reproductive potential should use effective contraception** during and for 6 months following completion of treatment
- **Perform complete blood counts prior to treatment initiation and before every dose of Ra-223:**
  - Discontinue treatment if haematologic values do not recover within 6 to 8 weeks after treatment. Monitor patients with compromised bone marrow reserve closely. Discontinue treatment in patients who experience life-threatening complications despite supportive care measures

# <sup>177</sup>LUTETIUM-PSMA-617: SAFETY/RADIATION CONSIDERATIONS

- **Ensure patients increase oral fluid intake** and advise patients to void as often as possible to reduce bladder radiation
- Advise patients to **limit close contact (less than 3 feet) with household contacts** for 2 days or with children and pregnant women for 7 days
- Following administration of <sup>177</sup>Lutetium-PSMA-617:
  - advise patients to **refrain from sexual activity for 7 days**
  - advise patients to **sleep in a separate bedroom from household contacts for 3 days**, from children for 7 days, or from pregnant women for 15 days
  - Advise male patients with female partners of reproductive potential to **use effective contraception during treatment and for 14 weeks after the last dose**
- **Perform complete blood counts before and during treatment with <sup>177</sup>Lutetium-PSMA-617**
  - withhold, reduce dose, or permanently discontinue treatment and clinically treat patients based on the severity of myelosuppression
- **Perform kidney function laboratory tests**
  - withhold, reduce dose, or permanently discontinue treatment based on severity

# MANAGING BONE HEALTH

# MUSCULOSKELETAL EVENTS

- Bone is the most common site of prostate cancer metastases and is associated with significant morbidity<sup>1</sup>
- Bone decay with ADT is associated with an increase in fracture risk<sup>2</sup>
- When treated with ADT, over 58% of men with risk factors for skeletal complications develop at least one fracture within 12 years<sup>3</sup>
  - Men who sustained a fracture within 48 months experienced an almost 40% higher risk of mortality than those who did not

ADT, androgen-deprivation therapy

1. Coleman RE. Clin Cancer Res. 2006;12:6243-9s; 2. Cheung AS, et al. Endocr Relat Cancer. 2014;21:R371-94; 3. Shao YH, et al. BJU Int. 2013;111:745-52

# THE EFFECTS OF PROSTATE CANCER TREATMENT ON BONE

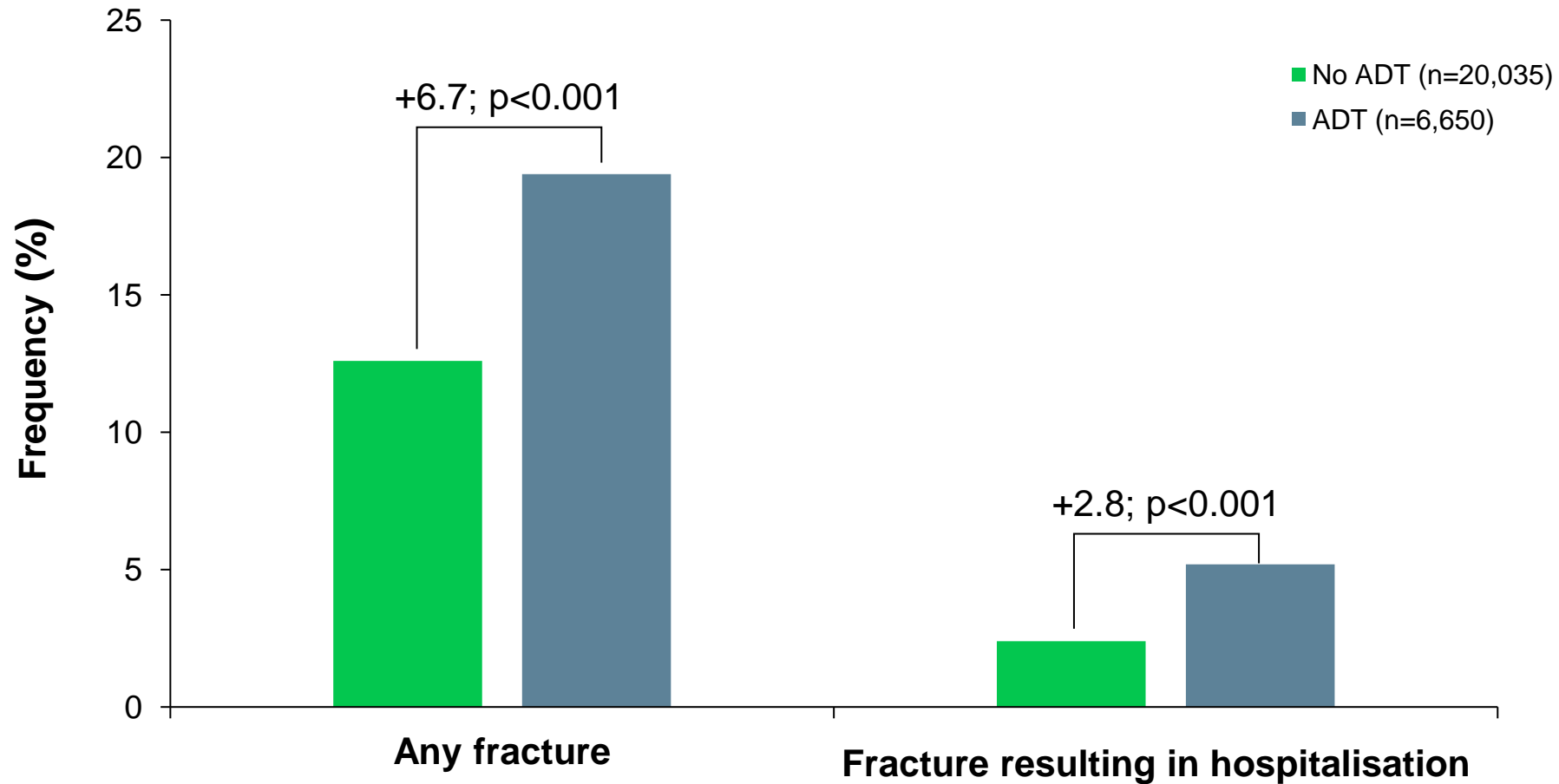
- Bone mass loss is associated with ADT
- We see skeletal related events in patient with bone mets
- Pathological fractures resulting in pain/risk of MSCC and reduce QoL
- Giving active therapy to treat bone mets can prolong survival
- Bone loss is most pronounced during initial ADT exposure but persists throughout treatment, increasing the longer patients are exposed
- Ultimately prevention is better than cure – hormone therapy is associated with a 34% increase in fracture risk among men with non-metastatic PC and a 51% increase in fracture risk among men with metastatic PC
- Concomitant use of bone health agent is recommended to minimise fracture risk

ADT, androgen deprivation therapy; mets, metastases; MSCC, metastatic spinal cord compression; PC, prostate cancer; QoL, quality of life

1. Suzman D, et al. Cancer Metastasis Rev. 2014;33:619-28; 2. El Badri S, et al. Curr Osteoporos Rep. 2019;17:527-37;  
3. Hussain A, et al. Crit Rev Oncol Hematol 2019; 139: 108-16; 4. Beebe-Dimmer JL, et al. Pharmacoepidemiol Drug Saf. 2012;21(1):70-8.

# PROPORTION EXPERIENCING FRACTURES 1-5 YEARS AFTER PROSTATE CANCER DIAGNOSIS

**ADT RESULTED IN 21% - 54% INCREASE IN RELATIVE RISK OF FRACTURE**

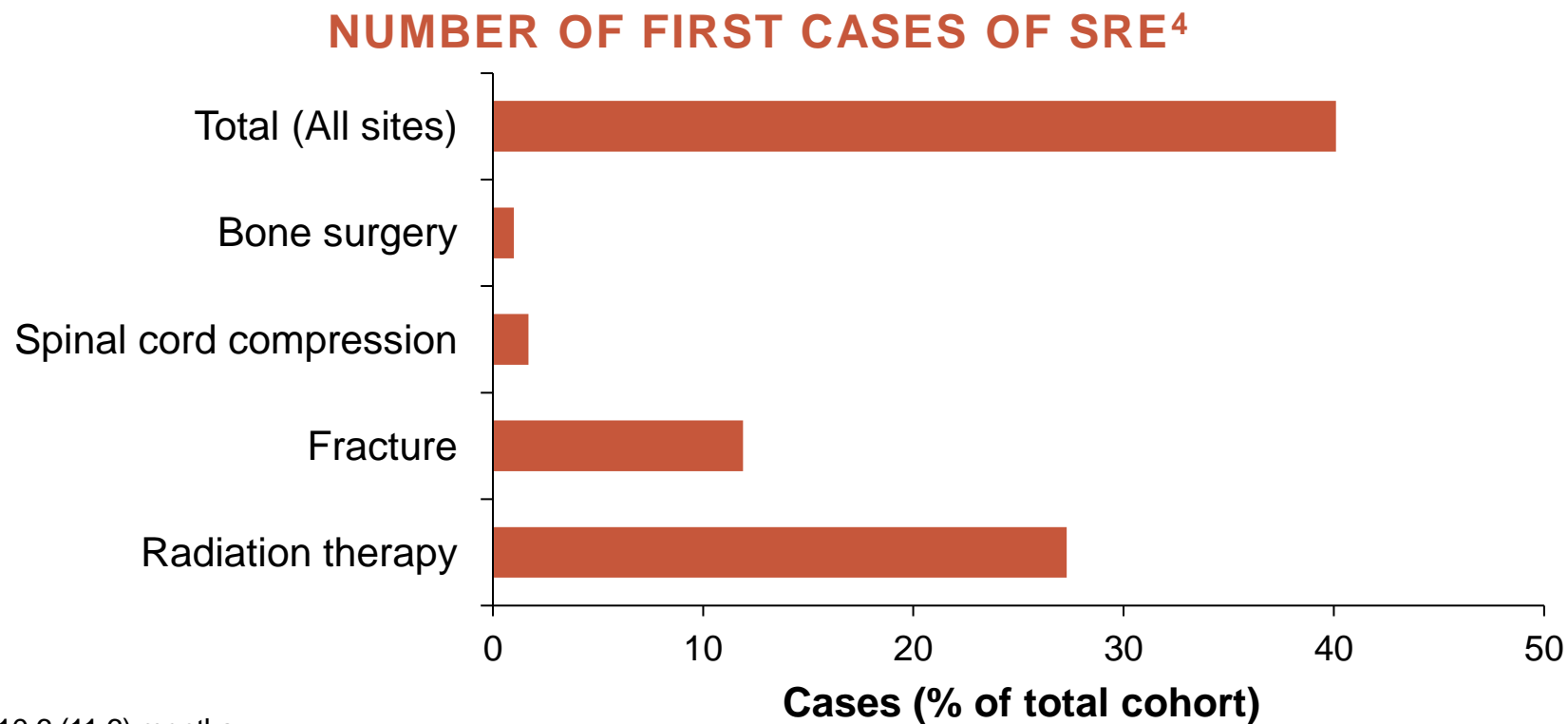


ADT, androgen deprivation therapy

Shahinian VB, et al. N Engl J Med. 2005;352:154-64

# BONE METASTASES AND SREs

- Approx. 90% of patients with mCRPC develop bone metastases<sup>1,2</sup>
- Approx. 50% of PC patients with bone metastases will have SREs<sup>3</sup>



Mean (SD) follow-up was 10.6 (11.6) months

mCRPC, metastatic castrate resistant prostate cancer; PC, prostate cancer; SREs, skeletal related events

1. Bubendorf L, et al. Hum Pathol. 2000;31:578-83; 2. Tannock IF, et al. N Engl J Med. 2004;352:1502-12; 3. Yong C, et al. Curr Opin Oncol. 2014;26:274-83;

4. Kawai A, et al. Prostate Cancer. 2019;2019:5971615

# THINKING AHEAD

- DEXA studies show that **bone mineral density falls by 2% to 6% per year at the lumbar spine** and by **2% to 4% at the total hip during the first 1-2 years of ADT**<sup>1-4</sup>
  - This is a significantly faster rate of bone loss than in healthy controls or prostate cancer patients who are not receiving ADT<sup>1-4</sup>
- **Bone loss is most pronounced during initial ADT exposure**, it persists throughout treatment. In one study of 390 men receiving long-term ADT for prostate cancer, the prevalence of osteoporosis was 35% at baseline, 43% after 2 years, 49% after 4 years, 66% after 8 years, and 81% after 10 or more years of ADT<sup>5</sup>
- Studies also have estimated the extent to which ADT increases fracture risk. In an analysis of SEER-Medicare linked records from more than 80,000 prostate cancer patients, **gonadotropin-releasing hormone (GnRH) agonist therapy was associated with a 34% increase in risk of fracture among men with non-metastatic prostate cancer, and a 51% increase in risk of fracture among men with metastatic prostate cancer**<sup>6</sup>

ADT, androgen deprivation therapy; DEXA, dual-energy X-ray absorptiometry; SEER, Surveillance, Epidemiology, and End Results

1. Choo et al. International Journal of Radiation Oncology. 2013; 85(5):1239-4; 2. Alibhai SM, et al. Osteoporos Int. 2013;24(10):2571-2579.; 3. Brown SA, et al. Crit Rev Eukaryot Gene Expr. 2009;19:47–60; 4. Greenspan SL, et al. J Clin Endocrinol Metab. 2005;90:6410–6417; 5. Morote J, et al. Urology. 2007;69(3):500-504; 6. Beebe-Dimmer JL, et al. Pharmacoepidemiol Drug Saf. 2012;21(1):70-8.



# SUMMARY

- The **landscape for mCRPC patients has evolved rapidly** over the past few years providing clinicians with a greater choice of treatments, including radiopharmaceuticals
  - Radiopharmaceuticals such as **Ra-223 and 177Lu-PSMA-617 offer a survival benefit to mCRPC patients** as well as managing bone pain and QOL<sup>1-4</sup>
- **~90% of men with advanced PC will develop bone metastasis** which often lead to skeletal-related events<sup>5-7</sup>
  - Bone health agents are therefore recommended for patients with advanced prostate cancer
- **Combining bisphosphonates or denosumab with newer therapies may improve outcomes.** *Post hoc* data suggest that additive effects for such combinations are possible but further evaluation required<sup>8</sup>
- Real-world data supports using <sup>177</sup>Lu-PSMA in patients who previously received Ra-223<sup>9</sup>
- Nurses and patients should be aware of post-treatment precautions, but **radiopharmaceuticals are an effective and manageable treatment option for mCRPC patients**

<sup>177</sup>Lu-PSMA-617, lutetium-177-prostate-specific membrane antigen-617; mCRPC, metastatic castrate-resistant prostate cancer; mets, metastases; (m)PC, (metastatic) prostate cancer; QoL, quality of life

1. Parker C, et al. N Engl J Med. 2013;369:213-23; 2. Nilsson S, et al. Ann Oncol. 2016;27:868-74; 3. Sartor O, et al. N Engl J Med. 2021;385:1091-103; 4. Fizazi K, et al. Ann Oncol. 2021;32 suppl 5:S627-8; 5. Bubendorf L, et al. Hum Pathol. 2000;31:578-83; 6. Tannock IF, et al. N Engl J Med. 2004;352:1502-12; 7. Suzman D, et al. Cancer Metastasis Rev. 2014;33:619-283. 8. Saad F, et al. Cancer Treat Rev 2018; 68:25-37; 9. Rahbar K, et al. J Nucl Med 2023; 64:574–578



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