

# CONCLUSIONS

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## IMPROVING ACNE VULGARIS WITH MULTIMODAL TREATMENT STRATEGIES

- **Acne vulgaris is a widespread and burdensome condition:** Optimal patient care requires recognising physical and psychological impacts
- **Pathophysiology-driven treatment selection is key:** Understanding the main pathogenic factors enables more effective and targeted management
- **Multimodal treatment approaches improve outcomes:** Combining therapies to address different pathogenic factors is the best practice for more rapid and better long-term success
- **Guidelines continue to evolve:** Stay updated on emerging therapies and changes in evidence-based recommendations
- **Future perspectives:** Further optimising the use of current and novel treatment options through multimodal treatment strategies to improve patient outcomes

**BEFORE YOU PROCEED: REFLECT BRIEFLY**

**WHAT IS YOUR NUMBER 1 TAKE-HOME MESSAGE?**